Validated 3-Month Post-RARP Erection Fullness Model to Predict Potency Recovery

Linda My Huynh MSc, Douglas Skarecky BS, Timothy Wilson MD, Clayton Lau MD, Christian Wagner MD, James Porter MD, Jorn H. Witt MD, Thomas Ahlering MD



Introduction

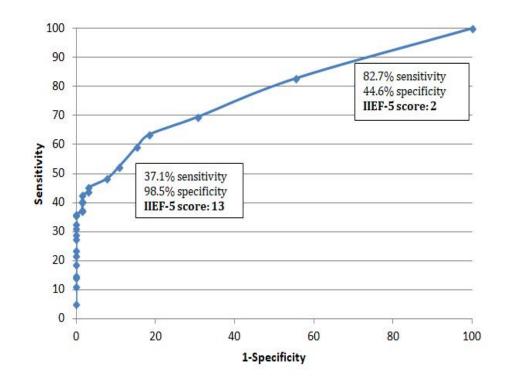
- In 2018, we introduced a 90-day percent erection fullness model as a qualitative adjunct to the IIEF-5 [Huynh, BJUI 2018; 122: 249-254].
- Compared to patients reporting 25-100% fullness at 90-days, patients reporting 0-24% fullness were 6 times more likely to suffer from long-term impotence.
- The present study seeks to internally and externally validate this scale in a prospective, multi-center patient populations.

Materials and Methods

- Previous models were re-developed with a 1-year potency endpoint (defined as erections sufficient for intercourse).
- This model was applied to a multi-center cohort of 91 patients with preoperative IIEF-5 22-25, across 5 surgeons for external validation.



Multivariate Regression of Factors Predicting 1-Year Potency Recovery (AUC=0.887)



Percent erection fullness at 90-days post-RP discriminates well between patients with a low versus high probability of recovery of EF.

