Intralesional Injection of Collagenase Clostridium histolyticum for the Management of Peyronie's Disease with Indentation or Hourglass Deformity

Mohamad M. Osman BS, Maxwell Towe BS, Farouk M. El-Khatib MD, Linda M. Huynh MSc, Faysal A. Yafi MD



Introduction

 The goal of our study is to assess the outcomes of treatment with Xiaflex in patients with Peyronie's disease (PD) and significant indentation or hourglass deformity.

Methods

- Retrospective chart review of 13 patients with these specific deformities who were treated with Xiaflex between November 2016 and March 2019.
- Degree of curvature measured at time of penile duplex doppler ultrasound, after the fourth injection, and 4-6 weeks after completion of the eighth injection.



	Indentation	Hourglass
Number patients treated	N = 8	N = 5
Mean number of injections given	8.3 ± 3.1	
Mean pre-treatment degree curvature	48.1° ± 15.9°	
Mean change in degree (percent) curvature	14.2° ± 10.6° (30.5% ± 21.4%)	
Mean change in degree (percent) curvature with 8 or more injections	18.3° ± 9.4° (35.5% ± 17.1%)	
Percent patients with significant improvement in curvature	61.5%	
Percent patients with significant improvement in curvature with 8 or more injections	77.8%	
Complication rate	7.7%	
Percent natients that reported resolution of indentation/hourglass	65 3%	

Conclusions

- Patients with PD and significant indentation or hourglass deformity demonstrated favorable improvements in penile curvature.
- Xiaflex indications could be expanded to include patients with these deformities.